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Definition of Orthotic

Orthotic: A support, brace, or splint used to support, align, prevent, or correct the function of movable parts of the body. Shoe inserts are orthotics that are intended to correct an abnormal, or irregular walking pattern, by altering slightly the angles at which the foot strikes a walking or running surface. Other orthotics include neck braces, lumbosacral supports, knee braces, and wrist supports.

Last Editorial Review: 10/30/2004

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